

# #GadgetFreeHour

## MY FAMILY TIME CONTEST

Every child has his or her own idea of the perfect way to spend time with family without using any gadgets. Let's see, read and listen to what our children have to say.

Here's a great opportunity for children to express their innermost thoughts in creative ways to tell us about their dream family time.



### CONTEST RULES

- **TOPIC:** HOW I LIKE TO SPEND TIME WITH MY FAMILY WITHOUT GADGETS
- **FOR WHOM:** All children below the age 18 years
- **MEDIUM OF EXPRESSION:** Children can choose to share their thoughts on this topic in any of the following ways:
  - a. **Visual Medium: Paintings, sketches, collages.**  
Entries can be submitted via good resolution photos of your child's artwork.
  - b. **Performing Arts: Dance, music, drama, storytelling**  
Entries can be submitted via video clips. All entries should be less than 60 seconds in duration.
  - c. **Creative Writing: Stories, poems, essays**  
Entries can be submitted as word documents or PDFs. All entries have to adhere to a word limit of 250 words.
- **SUBMIT YOUR ENTRIES:**
  - By email to [gadgetfreehour@parentcircle.in](mailto:gadgetfreehour@parentcircle.in) (or)
  - Post it on social media and tag us along with the hashtag: #GFHFFamilyTimeContest and tag at least 5 friends

- **ADDITIONAL INFORMATION REQUIRED:**

Along with your entries please mention the following:

- Your child's name, age and school
- Your name, contact number and email

- **ENTRY DEADLINE:** All submissions have to be sent to us on or before November 8, 2020, 11:59 PM.

- **ENTRY LIMIT:** We will NOT consider more than two submissions from one participant.

- **CONTEST WINNERS:**

- The winners of the contest will be announced on November 20, 2020.

- All entries will be judged under four age categories:

1. Under 5 years

2. 6-9 years

3. 10-13 years

4. 14-18 years

- The decision of our judges is final.

- All winners will receive a digital certificate and exciting prizes

- **CERTIFICATE OF PARTICIPATION:** All participants will receive a digital certificate of participation.

Exciting prizes to be won!

parentcircle